



Volunteer Opportunities for Colorado FriendShip

- 1) **Meals on the Street** - For more than 23 years, Co Fr has brought our mobile trailer to Boulder every Sunday evening where we serve a hot meal and distribute clothes to the homeless. We see anywhere from 20-80 participants each Sunday. In addition to the hot meal, we try to supply them with clean, dry clothes and other supplies to help them survive the cold nights on the streets. For each Sunday, we need:
 - **Servers** - 8-10 volunteers at the site giving out the food and clothes (4:45pm - 6:15pm). Servers must be 16 or older.
 - **Drivers** – Our drivers have to get to our warehouse in Longmont, pick up the truck and trailer, drive to Boulder to do the distribution and return the truck and trailer to Longmont. It's about a 4 hour commitment but each driver drives once a month or every other month. Drivers must be 25 or older.
 - **Trailer Prep Volunteers** - takes about 2 hours and can be done anytime during the week prior to 3pm on Sunday at our warehouse in Longmont. Prepping the trailer includes:
 - i. Taking inventory of the clothing, toiletries and supplies that remain on the trailer after the prior distribution
 - ii. Selecting additional clothing, toiletries and supplies from the warehouse and loading them onto the trailer
 - iii. Restocking other supplies and food items used to serve the meal
 - **Cooks** - Our cooks prepare the meal for the homeless at their home on Sundays. We provide the food and large pots and the recipes are fairly simple. The cook prepares the food and makes coffee and transports it all to the parking lot by 5pm. As with the drivers, each cook prepares food once a month or every other month.
 - **Dishwashers** – We need people to come to our warehouse in Longmont on Monday, Tuesday or Wednesday to wash the dishes from the Sunday night meal service. You can come any time.
- 2) **IncrEdibles** - Our IncrEdibles program provides bags of non-perishable food each week to low-income children at schools in Longmont. We currently serve over 600 children and hope to expand the program. Low-income children can receive free breakfast and lunch at school through the National School Lunch Program. But these kids might go home over the weekend to little or no food. Teachers report that attention and concentration on Mondays for these kids can be very poor. We hope that the bags of food we supply can help to nourish the kids over the weekend so they return to school on Monday ready to learn. For volunteer opportunities, we pack the bags on the last Saturday and Sunday morning of each month at our warehouse in Longmont. We also need people who can deliver the bags to the school. They can be delivered almost any day of the week during school hours. We are looking for drivers who are willing to drop at the schools every week or every other week.
- 3) **Clothing drives** – We are always in need of clothes, hygiene items and other supplies for our participants. We are in need of volunteers who are able to hold a clothing or supply drive at their church, work place, school, scouts, etc.
- 4) **Non-perishable food bags** – We like to have small bags of non-perishable food available that we can give to our homeless participants on Sunday nights. If they should arrive late or need a little extra, these bags come in handy. We are in need of groups, families or even individuals who are able to buy or collect items for these bags and assemble them.